
The Mission

The
Unfolding
Story
of God's
Redemptive
Purpose

MIDYEAR PRAYER,
FASTING, AND CONSECRATION

July 1–3
2026



The Mission

*The Unfolding Story of
God's Redemptive Purpose*





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Preparation for the Fast

Why Fast?

Fasting is a spiritual tool God uses to advance His kingdom, change the destiny of nations, spark revival, and bring breakthroughs in people's lives. Every Nation churches and campus ministries begin each year with five days of prayer and fasting to humble ourselves before God, consecrate ourselves to Him for the upcoming year, and corporately agree for breakthroughs.

Jesus fasted.

¹Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ²And after fasting forty days and forty nights, he was hungry. Matthew 4:1-2

And Jesus returned in the power of the Spirit to Galilee, and a report about him went out through all the surrounding country. Luke 4:14

Jesus knew He was going to need spiritual strength to fulfill His purposes. Fasting makes us spiritually strong and prepares us to do God's work.

Fasting is an act of humility and consecration.

Then I proclaimed a fast there, at the river Ahava, that we might humble ourselves before our God, to seek from him a safe journey for ourselves, our children, and all our goods. Ezra 8:21

As we humble ourselves through prayer and fasting, we can receive God's answers to our prayers.

Fasting helps us become sensitive to the Holy Spirit.

While they were worshiping the Lord and fasting, the Holy Spirit said, “Set apart for me Barnabas and Saul for the work to which I have called them.” **Acts 13:2**

When we deny ourselves of natural cravings and worldly distractions, we become more sensitive to God’s voice, allowing us to better focus on God and submit to His will.

Fasting brings revival.

And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in. **Isaiah 58:12**

Throughout history, God has brought revival and delivered nations from destruction in response to prayer and fasting. Fasting helps us persevere in prayer and intercession.

Fasting is healthy.

Fasting cleanses your digestive system from toxins. Doctors consider fasting a cure for certain allergies and diseases. The discipline of fasting helps break unhealthy addictions in our lives.

Planning Your Fast

Then Joshua said to the people, “Consecrate yourselves, for tomorrow the LORD will do wonders among you.” **Joshua 3:5**

Pray—Spend time reading the Bible before the fast. Ask the Holy Spirit for guidance in your prayers. In the succeeding pages, write down your faith goals and specific prayer requests for your family, friends, church, and nation.

Commit—Pray about the kind of fast you will undertake and commit to it ahead of time. Record your plan and ask God for grace to help you follow through with your decisions.

Act—Start eating smaller portions a few days before the fast. Avoid food high in sugar and fat. Plan to limit physical and social activities for the week of the fast. Ask someone to be your prayer partner throughout the fast and share your faith goals and answered prayers with him or her. Continually pray for each other even after the fast.

NOTE: Consult a physician, especially if you are pregnant, nursing, or taking medication. If your situation does not allow you to do a full fast, determine what will work best for you.

While Fasting

[Jesus] answered, “It is written, ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’” **Matthew 4:4**

Focus—Set aside time to work through the devotionals. Be ready to respond to God’s word and the leading of the Holy Spirit.

Pray—Join at least one prayer meeting in your local church. Intercede for your family, church, pastors, nation, campuses, and missions throughout the week.

Replenish—During mealtimes, read the Bible and pray. Drink plenty of water and rest as much as you can. Be ready for temporary bouts of physical weakness and mental annoyances like impatience and irritability.

Breaking the Fast

¹⁴And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. ¹⁵And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him. **1 John 5:14–15**

Eat—Reintroduce solid food gradually. Your body will need time to adjust to a normal diet. Start with fruits, juices, and salad, then add more vegetables. Eat small portions throughout the day.

Pray—Don’t stop praying! Trust God’s faithfulness and timing. Carry your newfound passion for God throughout the year. Be in faith for God to answer your prayers.

My Plan

Day 1

☐ Water only ☐ Liquid only ☐ One meal only ☐ Other:

Prayer meeting(s) to attend:

Day 2

☐ Water only ☐ Liquid only ☐ One meal only ☐ Other:

Prayer meeting(s) to attend:

Day 3

☐ Water only ☐ Liquid only ☐ One meal only ☐ Other:

Prayer meeting(s) to attend:

| *“...if two of you agree on earth about anything they ask, it will be done for them by my Father in heaven.”* **Matthew 18:19**

My Prayer Partner:

I am thankful to God for ...

Answered Prayers

List highlights, answered prayers, and lessons learned so far in 2026.

For the rest of 2026, I am seeking God and trusting Him in these areas ...

Personal Life

Spiritual Revival • Physical Healing • Prosperity and Abundance • Rich Generosity ...

My Family

Restoration of Relationships • Household Salvation ...

My Education/Career

Excellence • Promotion ...

My Ministry

Small Group Growth • Salvation of Classmates and Colleagues ...

I am committing to pray for ...

Name	Request(s)
------	------------

I am committing to pray for ...

My Church

Church Leadership • Provision • Discipleship Ministry ...

My Community

Campuses and Educational Institutions • Local Government •
Outreach Opportunities ...

My Nation

Government Officials • Spiritual Revival • Economic Prosperity •
Peace and Order ...



Introduction

Ambassadors of God's Peace

John 20:19–21

¹⁹On the evening of that day, the first day of the week, the doors being locked where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, “Peace be with you.” ²⁰When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. ²¹Jesus said to them again, “Peace be with you. As the Father has sent me, even so I am sending you.”

The disciples were huddled behind closed doors, souls trembling, unsure of their future because Jesus had just been crucified by the religious leaders. The disciples were now their next target. Fear has a way of locking doors not just externally, but even internally in our minds and actions. It did so for the disciples on that first resurrection evening.

Then—without knocking, without forcing His way in—the risen Christ appeared in their midst and spoke more than just a greeting but words that were comforting for their souls: *“Peace be with you.”*

Jesus gives us a glimpse into the heart of His redemptive work. He does not berate their fear; He speaks peace (*shalom*) over it. The peace that Jesus offers is not merely the absence of trouble; it is wholeness and wellness. Jesus brought into that room more than just a sense of calm, but the redeeming, restoring, and reconciling peace of God.

What is amazing is that the disciples were not only recipients of God's peace; they became ambassadors of God's peace when He sent them out with the same mission that brought Him here on earth.

"As the Father has sent Me, I also send you."
In other words, just as Jesus was, so we must be. In this brief yet powerful encounter, Jesus reveals two dimensions of His peace:

For in every place
Christ sends
us, He wants us
to speak again
what He spoke
that resurrection
evening: "*Peace
be with you.*"

1. A Peace that Is Given

Before He commissions us, He comforts and restores us. His peace is a gift, not a reward. It flows from His finished work on the cross, that reconciled us to the Father. This peace is not earned; it's received. His peace heals what is wounded, mends what is broken, restores what is lost, and brings order where chaos once ruled.

2. A Peace that Is Sent

Once His peace enters your heart, it cannot just stay there. The Prince of Peace now makes us ambassadors of peace in His name. We carry His peace into fearful rooms, broken families, wounded communities, and hearts locked by sin and shame.

This week, we'll examine how we are being sent by Jesus: to have a deeper understanding of what it means to walk as He walked, to receive His peace deeply and to share this peace boldly. Not just peace for you, but peace through you. For in every place Christ sends us, He wants us to speak again what He spoke that resurrection evening: "*Peace be with you.*"

May these pages awaken in you the joy and calling of being an ambassador of the peace of Christ, bearing the message of *shalom* in a broken world.

Respond

In what ways have you experienced God's *shalom* as a gift rather than something you had to earn? How can you intentionally carry and share His *shalom* in your home, workplace, and community?

What "locked doors" of fear, doubt, or uncertainty do you recognize in your own life right now? Ask God for specific things you can do to move in confidence knowing that He is with you.

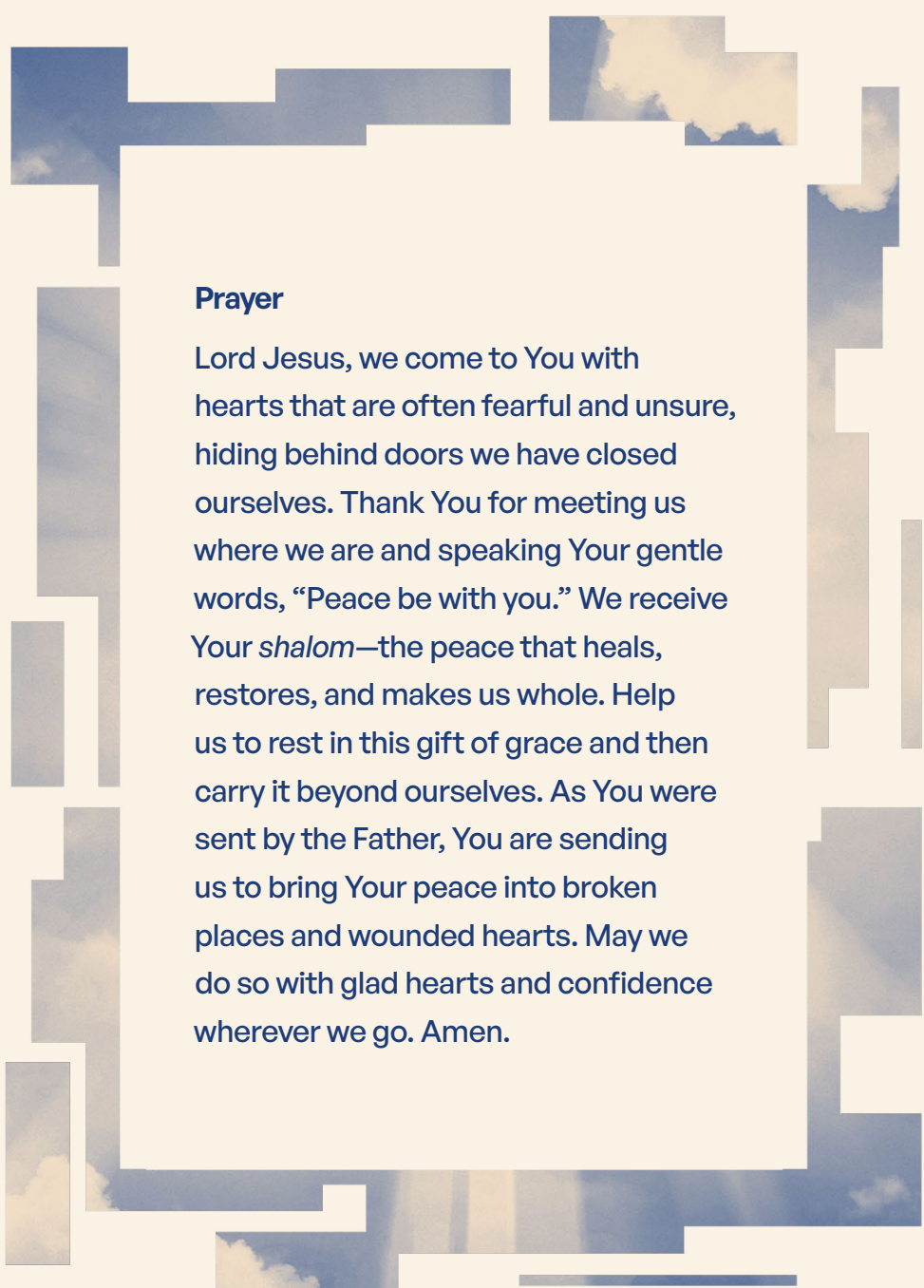
What does it mean for you personally and as part of God's spiritual family to be sent by Jesus as bearers of His peace?

Hymn

“Wonderful Peace” by W. D. Cornell

*Peace, peace! Wonderful peace
Coming down from the Father above
Sweep over my spirit forever, I pray
In fathomless billows of love*

*I am resting tonight in this wonderful peace
Resting sweetly in Jesus' control
For I'm kept from all danger by night and by day
And His glory is flooding my soul*



Prayer

Lord Jesus, we come to You with hearts that are often fearful and unsure, hiding behind doors we have closed ourselves. Thank You for meeting us where we are and speaking Your gentle words, “Peace be with you.” We receive Your *shalom*—the peace that heals, restores, and makes us whole. Help us to rest in this gift of grace and then carry it beyond ourselves. As You were sent by the Father, You are sending us to bring Your peace into broken places and wounded hearts. May we do so with glad hearts and confidence wherever we go. Amen.



Day One

Seeking the Lost

Luke 19:10

“For the Son of Man came to seek and to save the lost.”

God created the world and it was very good. But when sin came, everything was broken, especially the relationship of God with man. God gave man a solution when He clothed them, pointing to His ultimate solution—the coming of His Son. The Gospel of John says God loves so He sent. He loved His creation so much that He did not want it to be forever separated from Him. Love is who He is, not just what He does. He chose to love, so God sent His Son not to judge but to save the world.

Jesus was sent to save. He sought those who are lost—undeserving humanity who are enslaved and dead in sin. He came to us and did not wait for us to come to Him. He sought us out, we did not seek Him. In fact, while we were still in our sins, He died for us (Romans 5:8). In Him, those who are lost will be found and restored in God’s purpose. All that He asks is that we believe in Him, putting our full trust in who He is and what He has done, and follow Him all our days.

As we have received His love and mercy, so He is sending us to seek the lost and usher them to His saving grace. When we think of God’s mission, we can be too focused on God’s part in saving the world, which may make us passive. Or we can also be too focused on ourselves and the huge task that God has mandated us to do—

preaching to and reaching the lost. This can make us feel burdened and limited. However, when we look at His word, we will see that it is God who does the saving; He is the one who turns the lost into found and brings them back to Himself.

Our job is to preach the gospel. This is a partnership with God in doing His mission.

The beautiful thing about this partnership is that God's Spirit has already gone ahead of us to work in the hearts of the people He is sending us to.

As Jesus was sent, we too are going out with the love of God and a desire for the lost to be found. When we preach the gospel, let us remember: God loves, so He sent. We are loved and found, so we go.

When we preach
the gospel, let us
remember: God
loves, so He sent.
We are loved and
found, so we go.

Additional Reading

John 3:16–18; 1 Timothy 1:15; Romans 5:8

Respond

Jesus had to come into the world He created to redeem and reconcile it to the Father. What does this tell you about the depth of man's sin?

God ultimately showed His love for the world in this: that while we were sinners, He sent His Son, Jesus, to die on the cross for our sins (Romans 5:8). What does this truth teach you about the magnitude of God's love and His heart for the lost?

As Jesus was sent, so are we sent to proclaim the gospel message. How can you be an effective witness of Christ and a reflection of God's love for the world?

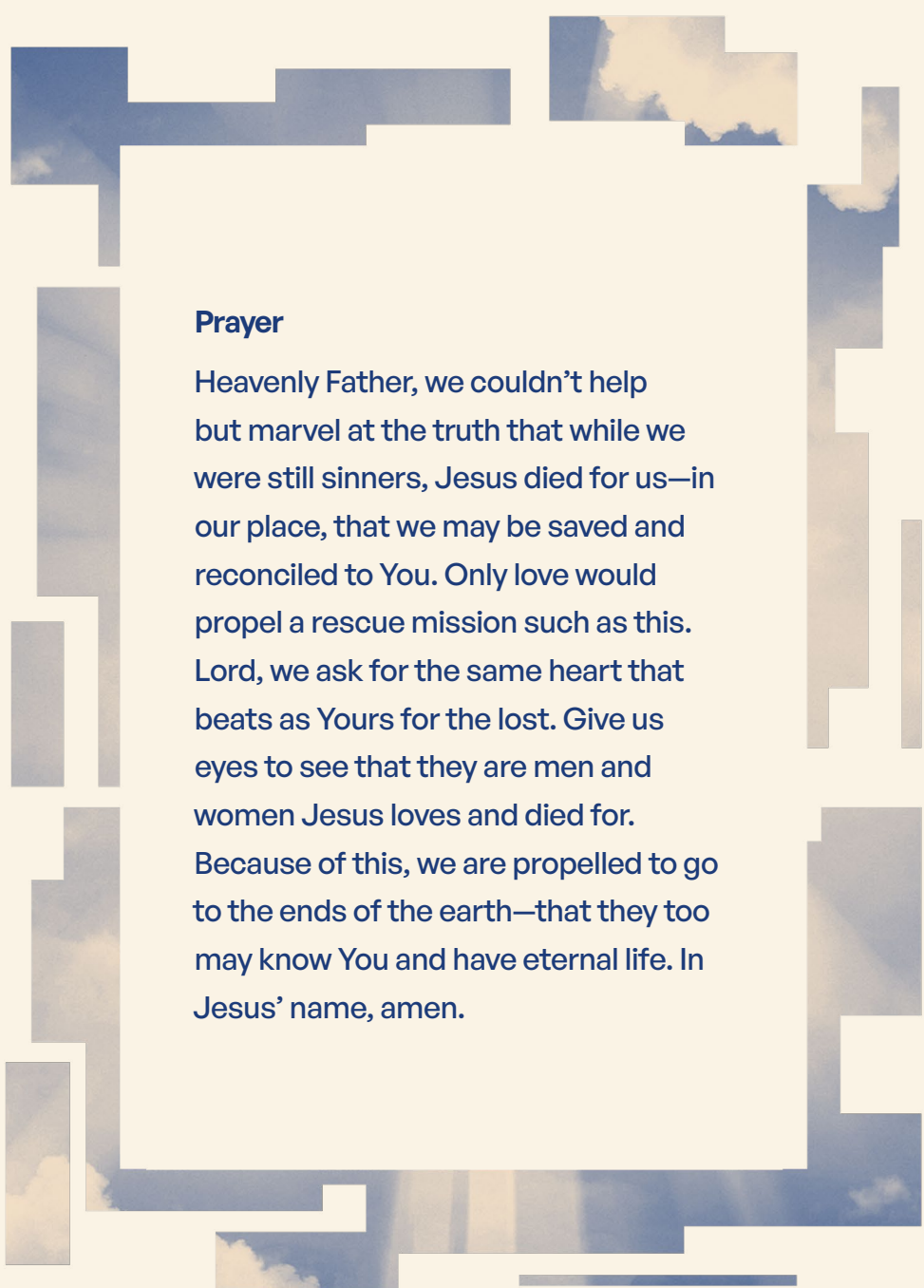
Hymn

“The Beat” by Every Nation Music

*For freedom sake You gave Your Son to die
Adopted us from darkness into light
Now I'm safe within Your loving arms
And I can hear the yearning of Your heart*

*For the lost, it beats, it beats
We can hear it calling
Make our hearts beat and beat and beat
For those sons and daughters*

*For the lost, it beats, it beats
We can hear it calling
Make our hearts beat and beat and beat
And beat with You*



Prayer

Heavenly Father, we couldn't help but marvel at the truth that while we were still sinners, Jesus died for us—in our place, that we may be saved and reconciled to You. Only love would propel a rescue mission such as this. Lord, we ask for the same heart that beats as Yours for the lost. Give us eyes to see that they are men and women Jesus loves and died for. Because of this, we are propelled to go to the ends of the earth—that they too may know You and have eternal life. In Jesus' name, amen.



Day Two

Serving Others

Mark 10:45

“For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many.”

This text reveals the very heart of Christ’s redemptive work:

He came.

He served.

He gave.

If we want to reflect Christ, then these should shape our lives as well. As Scripture declares, *“as he is so also are we in this world”* (1 John 4:17), then our calling is crystal clear: Our service must reflect His heart. Our compassion must mirror His compassion.

Jesus did not shout His love from heaven. **He came** near. He moved into our neighborhood. Compassion begins not with doing something, but with going with someone. Drawing near. Being present. Showing up. Jesus came near to the suffering: the blind, the leper, the hungry, the rejected, the sinful. He came close enough to touch tears, hear cries, and feel pain. Compassion starts with presence. You cannot serve a community you do not approach.

But Jesus didn’t only come; **He served**. He came here to empathize with us, but empathy without activity is hollow. Service was not something Jesus did occasionally—it was who He was continually.

Jesus, the highest of all, took the lowest place of all. The word “serve” that Mark used paints the picture of someone waiting on tables—bending low, attentive to needs, willing to meet the practical needs and burdens of others, ministering to their physical, emotional, and spiritual needs.

He touched the leper to heal him.

He fed the hungry and preached the truth to them.

He listened to the blind man to restore his sight.

He delivered people from demons and restored their dignity.

He expressed His compassion through serving. Service is the language of compassion.

Jesus didn’t just come and serve, **He gave** His life as a ransom for many. Redemption is costly. It cost Jesus His very life to save us. Real love always gives something of value—whether its time, resources, comfort, and convenience. Jesus held back nothing, not His glory, not His rights, not His life. As we follow Jesus, we need to remember that giving is not losing something; it is participating in redemption. The greatest thing we can give someone else is the gospel of Jesus Christ.

Just as Jesus was, so we must be:

Near to the hurting

Active in serving

Sacrificial in giving.

Additional Reading

1 John 4:17

Respond

Jesus, the King of kings, served and took the lowest place of all. What does this tell you about the life we are now called to live as believers?

Service and love are perfectly intertwined in the life of Christ. What are the tangible ways you can model the love of Christ in your church and community today?

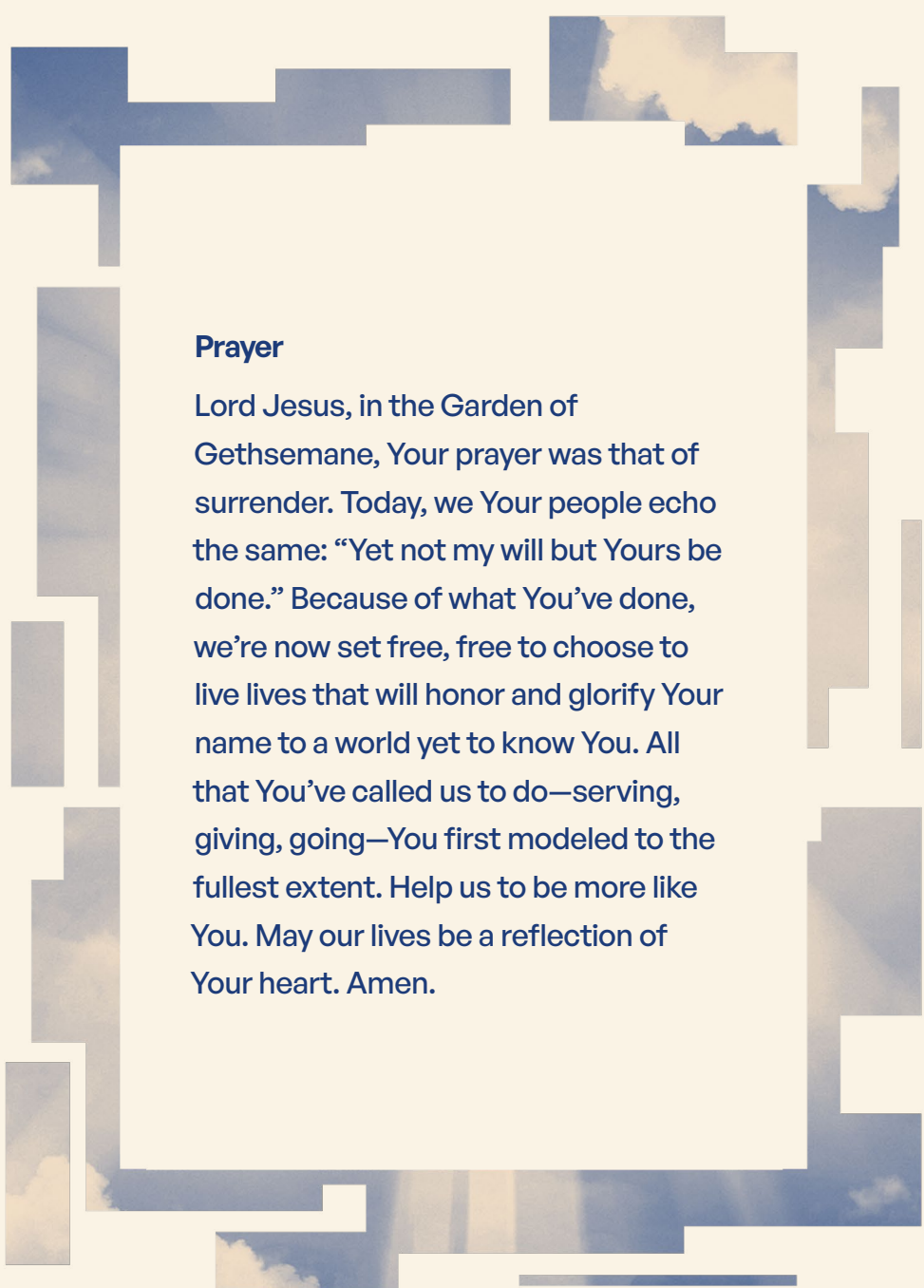
For us who are in Christ, we now carry the most precious, powerful, and transformative message mankind could ever hear. Who are the people in your life that need to hear this message?

Hymn

“O To be Like Thee” by Thomas O. Chisholm

*O to be like Thee! Full of compassion
Loving, forgiving, tender, and kind
Helping the helpless, cheering the fainting
Seeking the wand’ring sinner to find*

*Oh! To be like Thee! O to be like Thee
Blessed Redeemer, pure as Thou art
Come in Thy sweetness, come in Thy fullness
Stamp Thine own image deep on my heart*



Prayer

Lord Jesus, in the Garden of Gethsemane, Your prayer was that of surrender. Today, we Your people echo the same: “Yet not my will but Yours be done.” Because of what You’ve done, we’re now set free, free to choose to live lives that will honor and glorify Your name to a world yet to know You. All that You’ve called us to do—serving, giving, going—You first modeled to the fullest extent. Help us to be more like You. May our lives be a reflection of Your heart. Amen.



Day Three

Living in the Light

John 8:12

Again Jesus spoke to them, saying, “I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.”

In John 8:12-19, Jesus speaks with the Pharisees at the Feast of Booths, where light is a prominent symbol. Here, He declares, “*I am the light of the world.*” The second of Jesus’ “I am” sayings, this statement shows the importance of God’s saving light and how His followers are called to walk in it.

What does it mean for Jesus to be the light of the world?

Light is an important imagery in Scripture. The Old Testament shows us that God is Israel’s light and salvation (Psalm 27:1), that God’s word is a lamp to their feet (Psalm 119:105), and that God’s presence was expressed in a pillar of fire that led Israel in the wilderness by night (Exodus 13:21-22). God’s light symbolized His salvation, direction, and presence. Ultimately, these themes find their fulfillment in Jesus Christ.

The light of the world **saves**. John proclaims a light that cannot be overcome by darkness (John 1:4). The world is broken, full of sinners, and influenced by the enemy. As a result, humanity was steeped in spiritual darkness, living according to fleshly desires and deceived by lies. Humanity, however, was not left without hope. Isaiah prophesied,

“The people who walked in darkness have seen a great light”
(Isaiah 9:2).

Jesus is the light of the world who opens the eyes of the blind and rescues His people from spiritual darkness (John 9:1-8). Through His life, death, and resurrection, He delivers sinners from the kingdom of darkness and leads them into His marvelous light.

Our only recourse: trust, hope, and obey. As we trust Christ for our salvation, we must also seek to participate in His mission. Jesus calls us to live as a people who bear witness to Him as our hope in the midst of the hopeless world. In Him, we are God’s children, *lights in the world*, who are called to proclaim and demonstrate His saving truth to a twisted humanity (Philippians 2:15).

Because Jesus is the light of the world, we can reflect His light to this world. Only Jesus’ light can bring hope and salvation to our campuses, communities, workplaces, and mission fields. Let our lives, therefore, be one compelling witness: consider Jesus and shine His light for all to see.

Additional Reading

Exodus 13:21–22; Psalm 27:1; 119:105; Isaiah 9:2; John 1:4; 8:13–19; 9:1–8; Philippians 2:15

Respond

How does knowing Jesus as the light of the world encourage you to draw closer to Him and trust Him more?

In what ways can you, along with your spiritual family, live as a light in the world in your campus, workplace, or mission field?

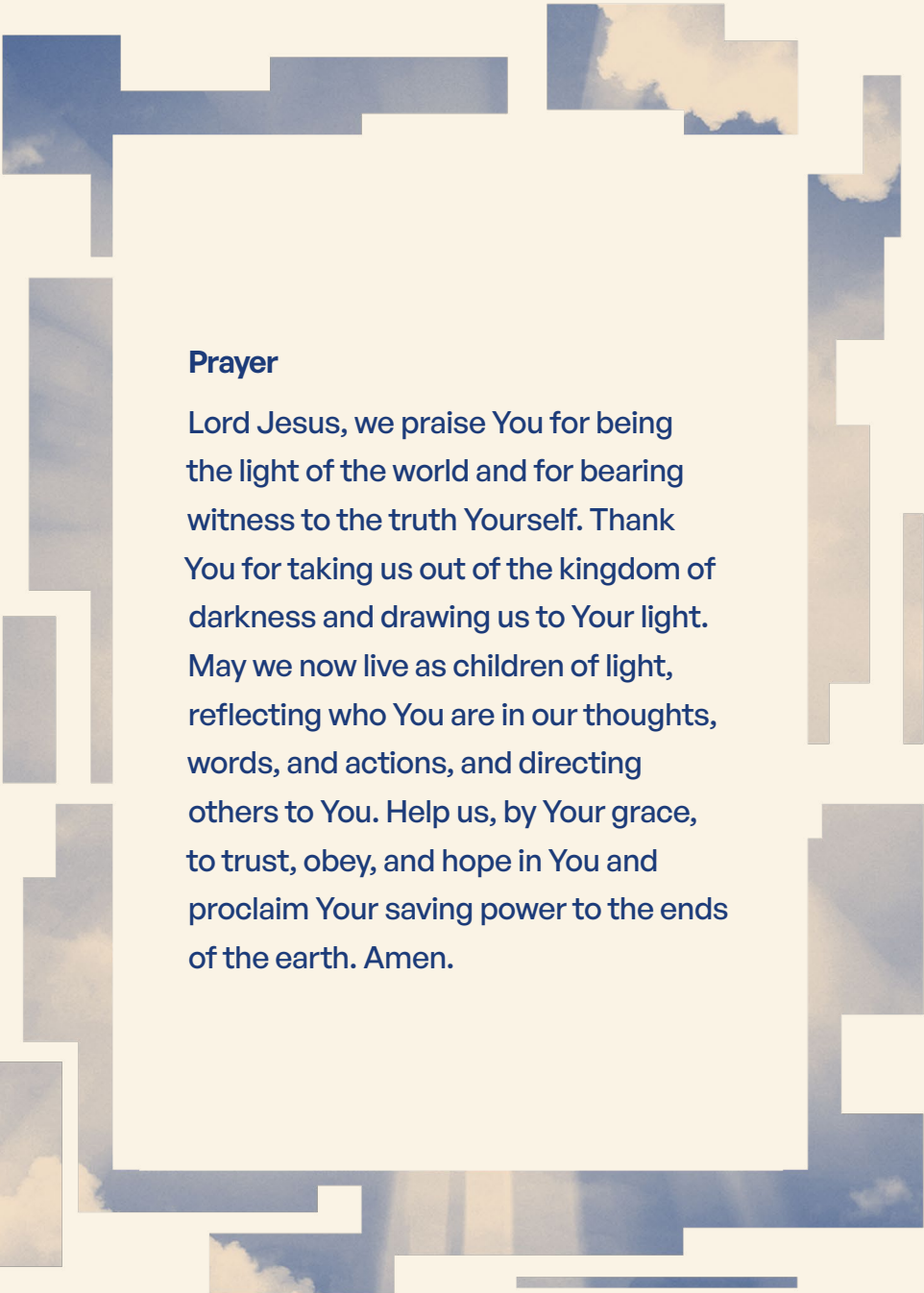
List the names of at least three people you can preach the gospel to this week.

Hymn

“Be Thou My Vision” by Eleanor Hull

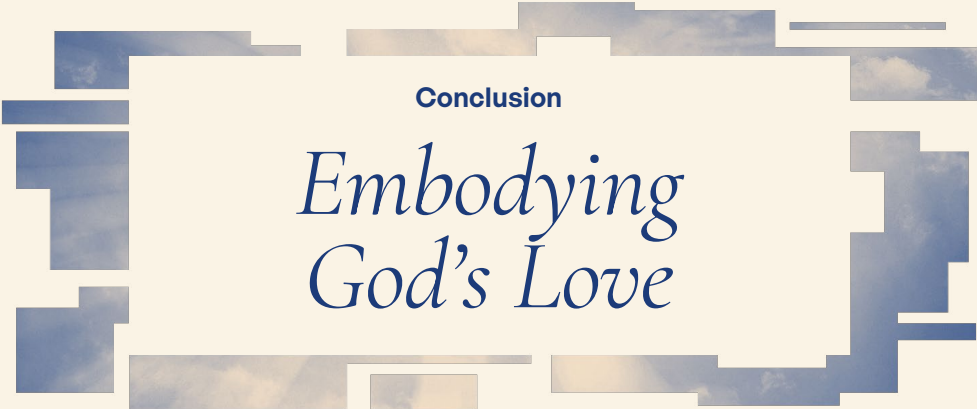
*Be Thou my vision, O Lord of my heart
Naught be all else to me, save that Thou art
Thou my best thought, by day or by night
Waking or sleeping, Thy presence my light*

*Be Thou my Wisdom, and Thou my true Word
I ever with Thee and Thou with me, Lord
Thou my great Father, I Thy true son
Thou in me dwelling, and I with Thee one*



Prayer

Lord Jesus, we praise You for being the light of the world and for bearing witness to the truth Yourself. Thank You for taking us out of the kingdom of darkness and drawing us to Your light. May we now live as children of light, reflecting who You are in our thoughts, words, and actions, and directing others to You. Help us, by Your grace, to trust, obey, and hope in You and proclaim Your saving power to the ends of the earth. Amen.



Conclusion

Embodying God's Love

1 John 4:7–8, 10

⁷Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. ⁸Anyone who does not love does not know God, because God is love... ¹⁰In this is love, not that we have loved God but that he loved us and sent his Son to be the propitiation for our sins.

When John wrote these words, he was not just using poetic language. He was making a profound statement about who God is. John does not say that God merely has love or shows love; he says *God is love*.

Love is not simply one of God's attributes; it is the essence of His nature. And everything God does flows from who He is. God's love is a self-giving, initiating love that seeks the good of others even at great cost. This is the kind of love God has shown us in Christ.

Since the fall of man, it has been God's mission to save and redeem us. He sought Adam and Eve when they fell. He chose Abraham and entered into a covenant with him. Through Moses and the Law, He formed a people to be light to the nations. From that people, a Savior would come. God remained faithful despite humanity's failure. And He ultimately revealed His faithfulness when love was nailed to the cross (1 John 4:10).

Love is this: a perfect God sending His beloved Son to save humanity. Love led to our redemption and reconciliation. This is why mission is

not something we produce; it is something we have received through grace.

And as people who have received this love-led mission, our calling now begins not with strategy, but with participation in who God is. The more we encounter and receive God's love, the more we are formed to reflect it to others. As John writes later in this same letter, *"...as he is so also are we in this world... We love because he first loved us."* (1 John 4:17, 19)

The more we encounter and receive God's love, the more we are formed to reflect it to others.

John's text is clear: if we do not love, we do not know God. Love is not optional; it is the evidence that we truly know Him. When mission is devoid of love, it becomes noise rather than witness.

Love makes mission accessible. Not everyone can preach publicly, lead a mission trip, or serve in a visible ministry. But everyone can participate in seeking the lost, serving others, and reflecting God's light. We can live this way because God's nature is now forming us. Mission is not just something we do; it is a life we now live. And we love, because this is how the world comes to know our God.

Additional Reading

1 John 4:17, 19

Respond

How have you experienced God's love—self-giving and sacrificial—in your own life and spiritual family? In what ways has receiving God's love shaped how you see yourself and others?

How does understanding love as the foundation of God's mission change the way you serve Him?

Where might God be inviting you to participate in His mission simply by loving others more intentionally?

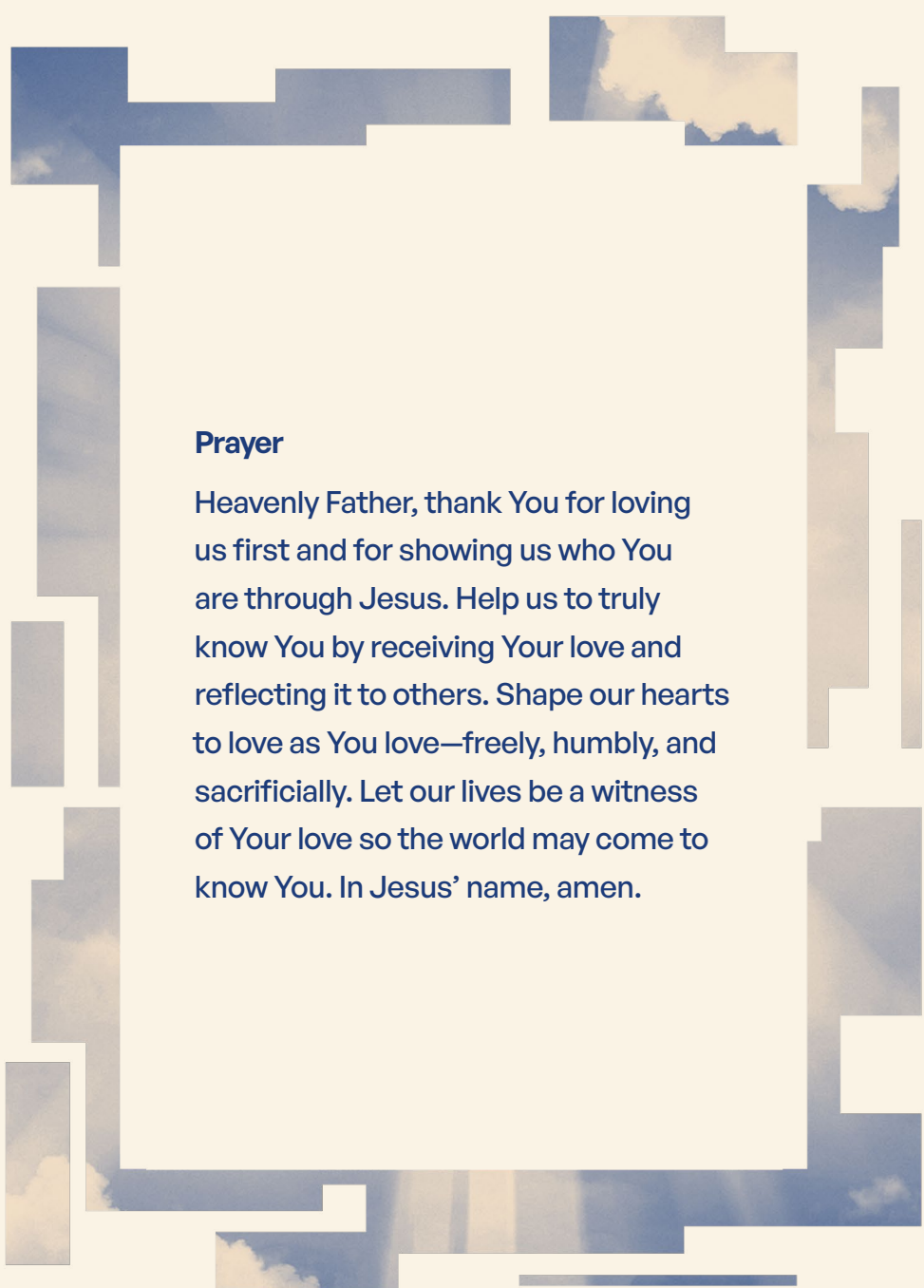
Hymn

“The Love of God” by Frederick M. Lehman

*O love of God, how rich and pure
How measureless and strong
It shall forevermore endure
The saints' and angels' song*

*Could we with ink the ocean fill
And were the skies of parchment made
Were ev'ry stalk on earth a quill
And ev'ry man a scribe by trade*

*To write the love of God above
Would drain the ocean dry
Nor could the scroll contain the whole
Tho' stretched from sky to sky*



Prayer

Heavenly Father, thank You for loving us first and for showing us who You are through Jesus. Help us to truly know You by receiving Your love and reflecting it to others. Shape our hearts to love as You love—freely, humbly, and sacrificially. Let our lives be a witness of Your love so the world may come to know You. In Jesus’ name, amen.



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